



On Twitter @ohioBKcoaches

Ohio High School Basketball Coaches Association Newsletter

UPOCOMING EVENTS

North –South All-Star Games	4/22 & 23
Boys and Girls Showcase	4/23
Hall Of Fame Banquet	4/23

Hudl Announces New Stat Program

New for 2016-2017 basketball season – Hudl Assist! Get better stats in less time with Hudl Assist. You can send any game to Hudl’s professional analysts and receive complete team and player stats for both sides of the ball in as little as 24 hours. In-depth reports are automatically generated from the tagged video, allowing your team to study more in less time.

For more information call 402-450-3360 or visit www.hudl.com/assist

Potential Rule Change

Jerry Snodgrass, Assistant Commissioner of the OHSAA, is looking at increasing the number of quarters permitted for individual players at the Junior High level. Currently there are 64 quarters permitted for a 16 game schedule at that level. That is in stark contrast to the 110 permitted for 9-12 for a 22 game schedule that obviously gives some amount of flexibility in playing kids ‘up’. However, I have held the ground in the junior high with the continued fear that as non-school people become more and more junior high coaches (stats show that), I am fearful of the ‘playing up’ philosophy that has a trend in the youth AAU world. It would merely eliminate 8th graders if 7th graders had that flexibility. But, it also is a factor in ‘saving’ junior high programs. Numbers ARE diminishing across the state in many areas. Permitting a little flexibility would help save separate 7th and 8th grade teams – at least theoretically – and that has been the logic in any sport that has added.

With the numbers issue becoming more and more of a concern, I am looking at proposing in next year’s regulations and increase in the number permitted on a 16 game schedule at the junior high. What is the magic number? Not sure – but I think the time is right for that.

HALL OF FAME TICKETS

If interested in attending the 30th Annual OHSBCA Hall of Fame banquet, contact Director Paul Wayne at wayno14@embarqmail.com or call 419-261-2547. The 2016 HOF Banquet will be held at the Columbus Airport Marriott Hotel on Saturday, April 23, 2016 at 5:30 PM. The 2016 Inductees are Ron Moschella (Boardman/Columbiana), Norm Persin (Chesapeake/Oak Hill), Bob Von Kaenel (Tusky Valley/Dover), and Steve Williman of Liberty Benton).

Off Season Reminders

- ◆ Frequently Asked Questions and Explanations about No-Contact Periods:

<http://ohsaa.org/sports/bk/ReboundersReport/BasketballNo-ContactRule.pdf>

- ◆ The Open Gym Policy

<http://ohsaa.org/sports/bk/ReboundersReport/Basketball Open Gym Regulations.pdf>

- ◆ Detailed Q and A’s on Off-Season Basketball:

<http://ohsaa.org/sports/bk/ReboundersReport/OffseasonBasketballQandA.pdf>

- ◆ Non-school Basketball Information (AAU) and Helpful advice for “AAU” coaches:

<http://ohsaa.org/sports/bk/ReboundersReport/2015/2015ReboundersReport-AAU-NonSchoolCoachesAdvice.pdf>



The Boys 11th Annual and the Girls Eighth Annual OHSBCA Showcases are scheduled for April 23, 2016. The girls showcase will be conducted at Denison University and the boys showcase will be conducted at Otterbein University. The Showcases are designed to feature the best underclass talent in the State of Ohio. The event is scheduled in conjunction with our North-South All-Star Games and the Hall of Fame Induction Banquet.

Reminder that the boys games will be played at Otterbein University on Friday April 22nd, 2016 with the first game beginning at 6:30 pm. The girls games will be played at Denison University on Saturday, April 23rd with the first game beginning at 2 pm.

North-South All-Star Rosters

Division I & II Girls

DISTRICT	NAME	SCHOOL
1	VICTORIA RAPACH	WARREN HOWLAND
1	LINDY MAYLE	GENEVA
2	PHOEBE STERBA	ROCKY RIVER MAGNIFICAT
3	JODI JOHNSON	WADSWORTH
4	BRANDI SNOW	UNIONTOWN LAKE
3	ABBY ESTERAK	WOODRIDGE
6	HALLEE SMITH	SANDUSKY PERKINS
7	ANDREA CECIL	OAK HARBOR
7	BYRDY GALERNIK	TOLEDO CENTRAL CATHOLIC
2	MICHAELA BARNES	KENSTON

Coaches

WALT DESHIELDS BELOIT WEST BRANCH
 RUSTY ALLEN WAPAKONETA

DISTRICT	NAME	SCHOOL
9	LINDSEY NARTKER	TECUMSEH
10	AMANI BURKE	EASTMOOR ACADEMY
11	KELLY MEADE	OLENTANGY
11	ALEXA FISHER	OLENTANGY LIBERTY
12	KORI SIDWELL	ZANESVILLE MAYSVILLE
13	MICHAELA PUCKETT	VINTON COUNTY
14	ANYA BINGMAN	CIRCLEVILLE
15	KELLY WURTH	SPRINGBORO
12	DEVYN BONNER	ZANESVILLE
16	ASHLI O'NEAL	WYOMING

Coaches

KATHY LINDSEY HILLIARD BRADLEY
 PAT MILLER MAYSVILLE

Division III & IV Girls

DISTRICT	NAME	SCHOOL
1	GABRIELLE KLINE	NEWTON FALLS
2	DEJA WINTERS	RICHMOND HEIGHTS
2	MAURINA NUNN	BEACHWOOD
3	BRITTANY KNIGHT	WINDHAM
4	ASHLEY RICHARDSON	DOYLESTOWN CHIPPEWA
5	IZZY MEESE	GARAWAY
6	RENEE STIMPERT	ASHLAND CRESTVIEW
7	HANNAH BLAKE	MONTPELIER
7	HALEY PICKARD	GENOA
8	EMILY BAUER	CONVOY CRESTVIEW

Coaches

STEVE MILLER - BERLIN CENTER WESTERN
 MATT HESS - MAPLETON

DISTRICT	NAME	SCHOOL
9	JAMIE PETERSON	WEST LIBERTY SALEM
10	DELANEY CUTTERIDGE	COLUMBUS BISHOP READY
11	LAUREN SHEPHARD	BERNE UNION
12	JENSEN CARETTI	RIVER
13	LEXIE BARRIER	IRONTON
13	DANI DRAYER	WATERFORD
14	SYDNEY HOLDEN	WHEELERSBURG
14	KACIE HALL	SOUTH WEBSTER
15	ELEA KARRAS	MIAMI VALLEY
16	JULIA JENKE	BETHEL-TATE

Coaches

ROB DAVIS - NORTH ADAMS
 BETH SIMMONS - CINCINNATI SUMMIT COUNTRY DAY



North-South All-Star Rosters

Division I & II Boys

Name	District	School
Cameron Johnson	1	Niles McKinley
Sean Flannery	2	St. Edwards
Blake Furcron	3	Elyria
Chandler Vaudrin	4	Lake
Dalton Bolon	5	Indian Valley
Joey Zahn	6	Lexington
Sam Hickey	7	Whitmer
Xavier Simpson	8	Lima Sr
Jon Teske	3	Medina
Drew Noble	4	Louisville

Coaches:
Kurt Habermehl-Vermilion
Brett Moore-East Tech

Name	District	School
Clayton Guillozet	9	Greenville
Nick Ward	10	Gahanna
Jason Carter	11	Johnstown
Drew Rackley	12	John Glenn
Jordan Albright	13	Vinton County
Max Knisley	14	Washington CH
Jaron Cumberland	15	Wilmington
Carlik Jones	16	Aiken
Seth Towns	10	Northland
Ibi Watson	11	Pickerington

Coaches:
Brian Bales-Franklin
Todd McLaughlin-Tri Valley

Division III & IV Boys

Name	District	School
Austen Rutecki	1	Lisbon
Maishe Dailey	2	Beachwood
David Delahunty	3	Columbia
John Carroll III	4	Tuslaw
Sam Gebhardt	5	Garaway
Grant Loy	6	Buckeye Central
Bryce McComb	7	Swanton
Jerad Seiler	7	Fayette
Connor Robinson	6	Williard
Jake Kuchta	3	Elyria Catholic

Coaches:
Phil Loy-Buckeye Central
Russ Swartz-Mogadore

Name	District	School
Damien Mackesy	9	Miami East
Houston Smith	10	Africentric
Max Hogue	11	Newark Catholic
Tanner Clark	12	Caldwell
Gage Rhoades	13	Chesapeake
Kyrie Allison	14	Portsmouth
Drew Ogletree	15	Northridge
Rashaad Ali-Shakir	16	Purcell Marian
Drew Sosby	9	Jackson Center
Micah Miller	10	Grandview

Coaches:
Jim Miranda - Eastmoor
Josh Sagester - Tri Village

Player Milestones

- Jordan Fabry of Crestwood finished his junior season with 1,160 pts. He is #2 All-time in points, #3 in rebounds and #1 in three pointers made with 121.
- Grayson Rose, of James A Garfield High School (Garrettsville), recorded her 1000th REBOUND of her career in a District tournament game on February 24, 2016. Grayson has 1149 points and 1007 rebounds in her career.

TICKET SALE INFORMATION – GIRLS'

Current Year Attendance - Girls

Event	All-Session Book	Single Session	Comp	Teams	Bands/Cheer	Total
SESSION 1 – Div. 3	620	3,334	600	178	102	4,834
SESSION 2 – Div. 2	620	2,678	608	141	9	4,056
SESSION 3 – Div. 4	620	4,241	596	97	9	5,563
SESSION 4 – Div. 1	620	4,282	619	76	87	5,684
SESSION 5 – Div. 3	620	2,863	647	45	9	4,184
SESSION 6 – Div. 2	620	3,519	670	49	0	4,858
SESSION 7 – Div. 4	620	3,603	661	28	9	4,921
SESSION 8 – Div. 1	620	3,513	646	4	0	4,783
TOTALS						38,883

Session by Session Ticket Information
2016 Total Attendance: 38,883 (+757)

Historical Attendance – Session by Session

2015	2014	2013	2012	2011	2010	2009	2008	2007	2006	2005	2004
5,644	4,916	5,492	5,417	5,459	5,934	5,632	4,820	5,693	6,898	6,099	7,668
5,370	6,500	5,477	5,518	5,996	4,802	5,451	5,918	5,156	7,385	7,544	8,769
5,798	5,079	6,582	6,511	6,763	6,269	7,880	6,013	5,324	7,011	6,431	8,328
5,243	6,359	5,635	5,213	5,003	5,306	4,553	4,460	6,953	8,386	7,028	8,725
5,163	5,452	4,631	5,080	3,501	6,101	4,795	2,899	4,558	5,591	3,659	6,104
4,583	6,106	4,988	4,186	4,892	3,686	4,679	3,547	4,917	5,541	6,441	6,238
3,075	4,071	4,992	3,778	4,962	4,529	6,512	3,790	3,756	5,167	3,851	5,694
3,250	4,833	3,836	3,404	4,386	3,902	4,226	3,372	3,555	3,223	4,110	5,330
38,126	43,316	41,633	39,107	40,962	40,529	34,819	39,912	49,202	45,163	56,856	54,051

TICKET SALE INFORMATION – BOYS'

Current Year Attendance - Boys						
Event	All-Session Book	Single Ses- sion	Comp	Teams	Bands	Total
SESSION 1- Division 3	4,649	2,801	903	29	51	8,433
SESSION 2 – Division 3	4,649	2,770	1,068	65	47	8,599
SESSION 3 – Division 2	4,649	2,185	1,164	81	96	8,175
SESSION 4 – Division 2	4,649	5,221	1,118	114	50	11,152
SESSION 5 – Division 4	4,649	1,704	1,075	32	18	7,478
SESSION 6 – Division 4	4,649	4,290	1,145	71	18	10,173
SESSION 7 – Division 1	4,649	9,132	1,277	170	64	15,292
SESSION 8 – Division 1	4,649	4,733	1,154	65	84	10,685
SESSION 9 – Division 3 Final	4,649	5,089	1,277	94	0	11,109
SESSION 10 – Division 2 Final	4,649	8,740	1,227	27	0	14,643
SESSION 11 – Division 4 Final	4,649	3,794	1,198	34	0	9,675
SESSION 12 – Division 1 Final	4,649	7,543	1,250	15	0	13,457
TOTALS						128,871

Session by Session Ticket Information 2016 Total Attendance: 129,222 (+17,150)

2015	2014	2013	2012	2011	2010	2009	2008	2007	2006	2005	2004
7,987	9,226	10,734	9,362	10,120	11,231	10,410	12,776	11,942	12,511	11,881	13,871
8,836	9,635	9,517	10,206	8,917	10,823	11,395	12,740	12,167	13,072	15,749	13,886
7,667	8,031	10,559	8,140	9,422	9,946	11,072	11,020	13,070	14,266	11,698	12,662
8,300	9,303	11,293	11,010	10,243	11,979	11,158	11,733	16,017	12,723	12,111	16,188
8,758	8,916	8,985	10,351	9,443	11,236	12,415	11,123	13,535	14,673	14,774	13,804
10,631	10,047	10,847	12,270	10,614	9,865	12,108	14,182	13,596	15,817	14,013	13,981
9,888	9,890	9,434	9,865	11,778	11,935	13,997	12,391	17,171	17,753	17,794	15,740
9,304	14,322	10,843	11,087	9,727	14,614	12,154	13,221	13,727	15,761	15,949	15,358
9,703	14,652	13,850	12,243	11,163	14,008	13,582	14,498	13,684	16,529	18,217	16,794
10,420	11,056	12,593	11,049	11,232	13,658	12,041	14,117	18,324	16,394	11,530	18,307
9,914	9,910	10,298	11,776	10,722	10,781	11,160	13,371	12,790	15,931	14,882	13,830
10,664	14,234	9,569	9,607	11,146	12,920	12,104	12,465	14,306	15,756	15,020	14,894
112,072	129,222	128,522	126,966	124,527	142,996	143,596	153,637	170,329	181,186	173,618	179,315

Tom Barrick Named Executive Director of the OHSBCA

In the fall of 2015, the Ohio High School Basketball Coaches Association decided to research the need to hire an executive director for their organization. After talking to numerous leaders from other states, it was decided that the OHSBCA needed to hire a person to spearhead their business matters. Because of the growing demands of the association, it was determined that an executive director could best serve the OHSBCA.

On March 22nd, the Ohio High School Basketball Coaches Association named Tom Barrick as their first ever executive director. The Coshocton County native will serve as the point man on business matters for the association. His familiarity with the inner workings of the OHSBCA helped secure the position for him. Not only has Tom served as a leader, he has been a teacher for 31 years. During those 31 years, he has been a head basketball coach for 28 years at four different high schools.

Tom's resume with the OHSBCA is extensive. During his time with the association, Tom has served in many different capacities. He first served as District 14 director before he accepted a leadership role at the state level. His first assignment was on the OHSBCA Hall of Fame selection committee. After his stint with the Hall of Fame committee, he was voted in as the 2nd vice-president. During that time as 2nd vice-president and 1st vice-president, he chaired the Academic All-Ohio committee and organized the Academic Team Award. In the Fall of 2010, he took over as the president of the association. During his time as president, he initiated a number of changes to better the association. Tom became the first three year president in association history when the presidency was changed to a three year term.

Tom's duties as the new executive director will be widespread but one of the main objectives of this position is to foster relationships within the sports world that can promote and enhance the OHSBCA. The executive director will work closely with the OHSBCA leaders to devise ways of better serving the members of the OHSBCA. His duties will include:

- Continuing our business matters with our contracts - Rawlings Ball Contract, Hudl, Shoot-A-Way, Ohio Army National Guard, Bar-on Rings, Fast-Draw, and Gatorade.
- Coordinating the facilities for events such as the state clinic, OHSBCA meetings, OHSBCA All-Star games, and hotels.
- Continuing to work with various organizations such as the OHSAA, NHBSCA and USA Basketball.
- Other miscellaneous tasks such as elections, membership, state tournament ticket lists, corporate and individual sponsorships of the OHSBCA, and continue to build relationships with media outlets for the purpose of advancing the associations exposure.

Tom also serves as a leader with other basketball organizations. He is currently on the executive board of the National High School Basketball Coaches Association. (www.nhsbca.org) The NHBSCA is an organization of state leaders that serve as the voice of high school basketball coaches. He is also a board member of the [Ohio Basketball Hall of Fame](#). The Ohio Basketball Hall of Fame is a non-profit organization geared towards preserving the history of basketball in Ohio.

Tom and his wife, Kim (Benedict) have been married for 30 years. They have two adult daughters, Kayla (Barrick) Dawson (26) of Richmond, KY, who is an elementary school teacher, and Logan Barrick (23) of Falls Church, VA, who is a registered nurse.

Tom is a 1980 graduate of River View High School. He received his Bachelor's degree from Rio Grande College in 1985 and his Master's degree from Ohio University in 2001.

LIMA SENIOR HIGH SCHOOL STANDOUT, XAVIER SIMPSON, NAMED GATORADE OHIO BOYS BASKETBALL PLAYER OF THE YEAR

In its 31st year of honoring the nation's best high school athletes, The Gatorade Company, in collaboration with USA TODAY High School Sports, today announced Xavier Simpson of Lima Senior High School as its 2015-16 Gatorade Ohio Boys Basketball Player of the Year. Simpson is the second Gatorade Ohio Boys Basketball Player of the Year to be chosen from Lima Senior High School. The award, which recognizes not only outstanding athletic excellence, but also high standards of academic achievement and exemplary character demonstrated on and off the court, distinguishes Simpson as Ohio's best high school boys basketball player.

The 6-foot, 175-pound senior point guard led the Spartans to a 29-1 record and a Division I State Runner-Up. Simpson averaged 28 points, 6.3 assists and 3.7 steals per game through 28 games, shooting nearly 60 percent from 3-point range. A First Team All-State selection and an Ohio Mr. Basketball award finalist, he scored 59 points in a 103-57 win over Fremont Ross last month. Simpson is rated the nation's No. 45 recruit in the Class of 2016 by ESPN. Simpson has maintained a 3.68 GPA in the classroom. A youth mentor as part of his school's Big Spartans Little Spartans program, he also serves as treasurer of Lima Senior's chapter of DECA in addition to producing and anchoring a weekly sports video broadcast called "Around the Spartan." "I can't believe that there is a player in Ohio that is more important to his team's success than Xavier Simpson," said Jim Rucki, head coach at Findlay High. He makes everyone around him a better player. He is true point guard. He keeps his team under control and is a coach on the floor. He can be a great scorer when he needs to be, but has an uncanny ability to give his teammates the ball right where they need it. He is the best player in Ohio." Simpson has signed a National Letter of Intent to play basketball on scholarship at the University of Michigan this fall.

Simpson joins recent Gatorade Ohio Boys Basketball Players of the Year Luke Kennard (2014-15 & 2013-14, Franklin High School), Jack Gibbs (2012-13, Westerville North High School), Adolphus Washington (2011-12, Taft High School), Travis Trice (2010-11, Wayne High School), Jordan Sibert (2009-10, Princeton High School), C.J. McCollum (2008-09, GlenOak High School), B.J. Mullens (2007-08, Canal Winchester High School), and Jon Diebler (2006-07, Upper Sandusky High School) among the state's list of former award winners.

Off-Season Basketball Strength and Conditioning Thoughts

Shaun Hinssen, General Manager and Trainer at Evolve in Medina, has provided some insight into some off-season strength and conditioning he does with some teams within his area. Below is a simple list of a 4 day program that includes some nutrition guidelines as well.

Weekly Training Breakdown

Monday- Strength

Leg Focus (Squats, Lunges, Deadlifts, Kettlebells)

Tuesday- Plyometrics/Core

Wednesday- Rest

Thursday- Strength

Upper body Focused (Incline Bench, Triceps, 1 pull per push)

Friday- Sled/Sprint/Shoulder stability

Weekends- Cross Training

Recreational sports NOT including basketball

Nutrition Recommendations

.6-.9 grams of protein per pound of bodyweight

No more than 20 grams of protein at one time

Carbohydrates before and after workouts

4-5 smaller meals per day instead of 3 larger meals

Ohio Basketball Hall of Fame Announces Class of 2016

Nine former college basketball stars, four coaches, a women's basketball pioneer, an official and three Miami University championship teams make up the class that the Ohio Basketball Hall of Fame will induct in 2016.

Two of the University of Cincinnati's finest players – All-Americans Tom Thacker and Danny Fortson – are among the nine players selected. Thacker played on national championship teams in 1961 and 1962 and the second-place team in 1963. Fortson, UC's second all-time leading scorer, led the Bearcats to Conference USA titles in 1996 and 1997.

The University of Toledo's first All-American, Chuck Chuckovits, will be honored alongside Bowling Green product Al Bianchi, Ohio Wesleyan's Jud Millhon, Ashland All-American Kevin Wilson, Ohio State sharpshooter Marcie Alberts, Central State's all-time women's leading scorer Marieme Lo and Robert “Bingo” Smith, an original member of the Cleveland Cavaliers.

Steve Bankson, whose Baldwin-Wallace teams won five Ohio Athletic Association crowns and 420 games, is one of the coaches being honored. The others are Charles Huggins, who guided both Strasburg and Indian Valley South to state championships; Larry Hunter, who coached Wittenberg, Ohio University and Western Carolina after playing at OU; and Bob Walsh, who won two state titles and had a 643-301 record while coaching at five Lorain County schools. Carol Smith of Dublin, who coached high school basketball for 16 years and took Walnut Ridge High School to its only state tournament appearance in 1977, is being recognized for her work in organizing women's prep basketball in Ohio.

Tim Gebhardt, a Muskingum College graduate from Bucyrus, is the official in the 2016 class. Also being recognized are Miami University's Mid-American Conference championship teams of 1956-57, 1957-58, and 1958-59, all of whom played in the NCAA Tournament. The 1957-58 team, coached by Dick Shrider and featuring Wayne Embry, John Powell and Jim Thomas, remains the only men's team ever to go through its MAC schedule undefeated.

The 2016 ceremony will be held on May 21 at the Columbus Convention Center. For tickets or any questions, contact **Sheila Fox, Executive Director (614) 547-2160** or at sfox@ohiobasketballhalloffame.com, **Doc Daugherty (216) 409-9466; Don Henderson (937) 399-3534.**